

BAR/BAT MITZVAH BLESSINGS

Blessing on putting on a Tallit

בְּרוּך אַתָּה יִי אֱלֹהֵינוּ מֶלֶּךְ הְעוֹלָם, אֲשֶׁר קִּדְשְׁנוּ בִּמִצְוֹתִיוּ, וִצְּוָנוּ לְהִתְעַמֵּף בַּצִּיצִת.

BaRUCH aTAH AdoNAI EloHEInu MElech ha-oLAM aSHER kid'SHAnu b'mitz-voTAV v'tziVAnu l'hit-aTEIF batziTZIT.

Blessed are You, Lord our God, Sovereign of the universe, Who has sanctified us through Your commandments, and has commanded us in the wrapping of the fringed garment.

Family Blessing on the joyous occasion of Bar/Bat Mitzvah

בְּרוּךְ אַתָּה יִיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלֶם, שֶׁהָחֶיָנוּ וְקִיִּמֶנוּ וְהִגִּיעֲנוּ לַזְּמַן הַזֶּה.

BaRUCH aTAH AdoNAI, EloHEInu MElech ha-oLAM ShehecheYAnu v'ki-y'MAnu v'higiAnu lazMAN haZEH.

Blessed are You, Lord our God, Sovereign of the universe, Who has kept us in life, preserved us, and enabled us to reach this joyous occasion.



BLESSING RELEASING PARENT(S)

For **both** parents, on their **Son**'s Bar Mitzvah

BaRUCH shep'taRAnu mei-onSHO shel ZEH

For one parent, on their Son's Bar Mitzvah

BaRUCH shep'taRAni mei-onSHO shel ZEH

For **both** parents, on their **Daughter**'s Bat Mitzvah

BaRUCH shep'taRAnu mei-onSHAH shel ZO

For **one** parent, on their **Daughter**'s Bat Mitzvah



BaRUCH shep'taRAni mei-onSHAH shel ZO

Blessed is the One who has freed me (us) from the responsibility for this child.